



judo (fitness program guide book)(Chinese Edition)

By QU SHU QUN

paperback. Condition: New. Language:Chinese.Pages Number: 106 Publisher: Jilin Publishing Group Pub. Date :2010-01-01 version 1 2010-01-01 1st printing. fitness program guide books. illustrated. practical. and points to ball games. gymnastics fitness. traditional martial arts. snow sports. water sports. sports. dance. sports. fighting sports. folk sports and extreme sports such as items in 10 categories. namely. 100 volumes. This book is one of the one. which mainly describes the origins and development of judo. sports.



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