



Helping Kids Make Wise Choices and Reduce Risky Behavior

By Terri Akin, PhD Gerry Dunne, Dianne Schilling

Innerchoice Publishing, United States, 2010. Paperback. Book Condition: New. 277 x 206 mm. Language: English . Brand New Book ***** Print on Demand *****.These ready-to-use lessons recognize that making wise choices is a teachable process and that learning the skills and habits of wise choice making reduce the incidence of risky behavior and leads to more success in school and in life. Focusing on developing key areas like self-concept, personal strengths, and supportive, healthy relationships these activities cover essential health and safety information while teaching vital decision-making skills. Fun and engaging, yet packed with plenty of important information and skill practice to help kids learn to make good choices, develop healthy friendships, identify positive support groups, recognize and affirm their positive qualities and develop good decision-making and problem-solving abilities. Use these interactive lessons, discussion questions and reproducible worksheets to put kids on a speedy path to wise choice making. Topic areas include: Assertiveness OTC Drugs, Smoking Marijuana Stress Management Peer and Gang Pressure Self-Esteem Resistance and Refusal Skills Decision Making and Problem Solving Media Influences Anger Management Health and Safety Friendship Role Models and Support Systems.



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