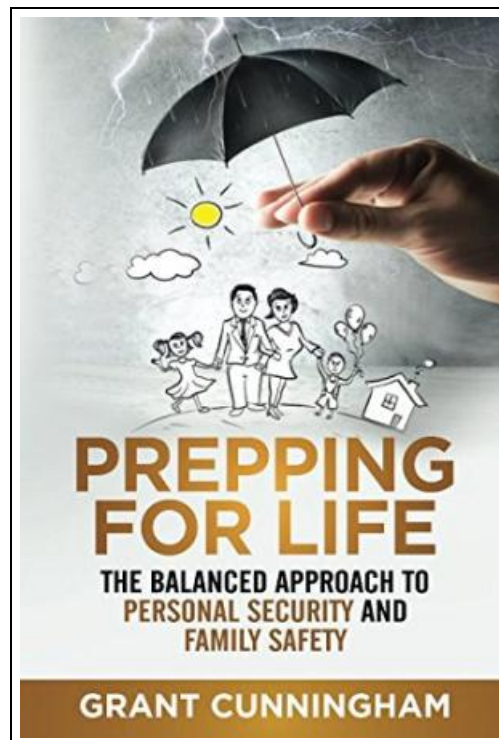


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(Gordon Kertzmann)

PREPPING FOR LIFE: THE BALANCED APPROACH TO PERSONAL SECURITY AND FAMILY SAFETY (PAPERBACK)



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Personal Security Institute LLC, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The airwaves and internet are always full of bad news, and it seems as though the bad news is increasing. Each day brings a new threat to your health, safety, and happiness, while authorities and experts urge you to be prepared. But just how should you prepare? How do you plan to survive in the midst of your already busy life? How do you know what to prepare for first? It seems an impossible task, and so most people end up doing nothing out of sheer frustration. Prepping for Life: the balanced approach to personal security and family safety is a groundbreaking book that introduces you to Adaptive Personal Security, a structured yet flexible method to prepare for a wide range of dangers without being overwhelmed. It gives you the tools you need to understand what and how to prepare while maintaining a happy life balance! Survival preparations are not one size fits all. The Adaptive Personal Security method understands that and helps you prepare for the dangers you face in your life -- not someone else's. Prepping for Life shows you what Adaptive Personal Security is and how to tailor it to your life. You'll learn how to prepare for a worst-case scenario without turning your home or lifestyle upside-down. Inside the book you'll find: An introduction to the Adaptive Personal Security approach The phases of Adaptive Personal Security: Anticipate, Deter, Detect, Respond, and Recover Why you need to plan (and how to do it) Identifying the dangers and risks in your life The Adaptive Personal Security Matrix -- the key to keeping on track and making progress Why 80 preparation is preferable to 100 The dangers...

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