



## Bounce Back!

By Cheri Meiners

Free Spirit Publishing Inc., U.S., United States, 2014. Paperback. Book Condition: New. Elizabeth Allen (illustrator). 277 x 229 mm. Language: English . Brand New Book. Resilience--the ability to recover or bounce back from problems, hurt, or loss--is critical for social and emotional health and helps people feel happy, capable, and in charge of their lives. Foster perseverance, patience, and resilience in children with this unique, encouraging book. Young children learn thought processes and actions that are positive, realistic, and helpful for bouncing back. The book also helps children recognize people who can support them in times of difficulty. Back matter includes advice for raising resilient children and fostering resiliency at school and in childcare. Being the Best Me Series From the author of the popular Learning to Get Along (R) books comes a one-of-a-kind character-development series. Each book focuses on specific attitude or character traits--such as optimism, courage, resilience, imagination, personal power, decision-making, and work ethics. Also included are discussion questions, games, activities, and additional information adults can use to reinforce the concepts children are learning. Filled with diversity, these read-aloud books will be welcome in school, home, and childcare settings.



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