



From Ruth s Kitchen with Love: Delicious Bukovinian Other Ethnic Dishes (Paperback)

By Ruth Glasberg Gold

iUniverse, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.As a multi-faceted author, gracious hostess and cook, Ruth has long been admired by her many friends who have been invited to her dinners. One cannot forget her multi-ethnic specialties, among them Romanian eggplant salad, Colombian Ajiaco potato soup, Bukovinian Schmettentorte (sour cream cake), to name just a small sampling of her culinary repertoire. French gastronome Jean Brillat-Savarin once remarked that the discovery of a new dish does more for the happiness of the new race than the discovery of a star. George Bernard Shaw also believed that there was no love more sincere than the love of food. A sampling of the recipes from this book readily confirms both opinions. Vladimir F. Wertsman, author of *What's Cooking in Multicultural America* (Scarecrow Press, 1996) This is an unpretentious cookbook designed for epicurean tastes. It is also a tribute to the women of various ethnic backgrounds who left us the legacy of fine cuisine, which I hope to pass on to future generations. The majority of these recipes are from Bukovina, once Northern Romania, and other countries which were once part of the...



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