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## Following the Martial Path: Lessons and Stories from a Lifetime of Training in Budo and Zen (Paperback)

By Walther G Von Krenner

Tambuli Media, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Following the Martial Path illuminates the lessons learned in the martial arts, which transcend techniques of attack and defense. It is a journey of self-discovery, originating in physical training and leading to the spiritual dimensions. Walther G. von Krenner, trained with numerous talented and famous martial arts practitioners, including Gene LaBelle, Hal Sharpe, Tohei Koichi, Takahashi Isao, and Aikido founder Ueshiba Morihei O-Sensei. Explaining good times and lessons in humility, Following the Martial Path is von Krenner s account of his martial art journey. This book stresses the connection between Zen, art, and martial pursuits. Besides conveying the important lessons learned throughout decades, Following the Martial Path contains calligraphy, artwork, and invaluable photographs (of Aikido founder Ueshiba Morihei and others) that have never before been published. In addition, it contains lectures given by the founder of Aikido that have not previously been published. Walther s quest for the true meaning of Budo is presented in many tales throughout the book. Some are classical, others personal. Such tales are both entertaining and enlightening. Walther makes the key point that a martial artist should be...



## Reviews

This book is indeed gripping and interesting. It really is rally exciting throgh studying period. Its been written in an extremely easy way and is particularly merely soon after i finished reading this book through which in fact changed me, affect the way i think. -- Aisha Lemke

Extremely helpful for all class of folks. I really could comprehended almost everything using this written e publication. You will not feel monotony at at any time of the time (that's what catalogs are for about in the event you check with me). -- Prof. Melyna Dooley V

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