



Mostly Mandalas: Hand Drawn Coloring Pages (Paperback)

By Kim Miles

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The hand drawn pages in the Mostly Mandalas series share an alive-ness that is particularly inviting in a world of computer generated perfection. Through simple, enjoyable steps, you, the colorist, are invited to slow down, play a little, and let the magic of of color on paper help to relieve everyday stress and tension. Working with these mandalas is a playful way to connect with your own beautifully imperfect self, and gently find your way back to center. Inside the book you ll find 19 full page, hand drawn mandalas, a page of bookmarks, and a draw-your-own mandala in the back. Also included are an intro to the benefits of coloring for adults, as well as a page of playful coloring tips. The designs are printed on only one side of each page so you can easily remove them from the book for framing.



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