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## Unstuck at Last: Using Your Strengths to Get What You Want (Paperback)

By Sarah K Robinson

Fresh Concepts, Inc., United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. No one enjoys being stuck. We don't like being stuck in line, stuck in traffic, stuck in a dead-end job, or stuck in an unhealthy relationship. There's a strong sense of helplessness that being stuck triggers. We can become overwhelmed by the feeling that our current situation is insurmountable. We are caged - trapped in our stuck pattern of living. The problem is, we don't know how to get unstuck. UNSTUCK AT LAST was written by Gallup Certified Strengths Coach Sarah K. Robinson to provide new insight and tools for anyone who has felt stuck in a life situation. Inspired by her own journey and the significant difference that discovering her Strengths made in her own life, Robinson is uniquely qualified to provide guidance and motivation to others, no matter their circumstances. Identifying your Strengths is only the first step on the road to becoming unstuck. Knowing what they mean and how to use them every day is where the real work - and the real rewards - lies. Using real-life examples, Robinson guides you through relatable...



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