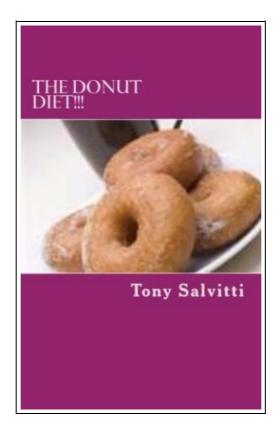
The Donut Diet!!! (Paperback)



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Reviews

Definitely one of the best book We have at any time go through. It is actually filled with wisdom and knowledge I am quickly could get a delight of studying a published book.

(Dr. Kim Bergnaum)

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Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Large Print. Language: English. Brand New Book ***** Print on Demand *****. Get into fantastic shape, and enjoy yourself while doing it. With The Donut Diet!!! you will have plenty of energy, and not have a afternoon energy slump. If you have tried to lose weight and not had success then this is the diet for you. Includes a delicious donut recipe anyone can make at home. Plus learn why donuts actually help build muscle.



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