



Dancing in the Garden of the Lotus Sutra: A Buddhist Perspective on the Three Gates to Freedom from Alcohol Addiction (Paperback)

By Margaret Cram-Howie

Gatekeeper Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. You re in recovery. You re at a 12-step meeting. And you don t believe in a Judeo-Christian god. Now What? You are not alone. Author and meditation teacher, Margaret Cram-Howie, was in exactly that position. Now a practicing Nichiren Shu Buddhist, Margaret has written a book recounting the beautiful parables of The Lotus Sutra and offering an alternative framework on which to hang the principles of addiction recovery. The reader is guided through the Three Gates of Awareness, Introspection, and Dancing with Impermanence. The recovering addict will find insights, connections, and tools to try out on his or her own unique recovery journey.

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