

## Blood Sugar Journal: 50 Pages, 5.5 X 8.5 Monarch Butterfly (Paperback)



Filesize: 2.84 MB

### ***Reviews***

*It becomes an amazing pdf that I actually have ever go through. This is for those who statte that there had not been a worth reading through. You will like how the author create this pdf.*

***(Prof. Lonie Roob)***

**BLOOD SUGAR JOURNAL: 50 PAGES, 5.5 X 8.5 MONARCH BUTTERFLY (PAPERBACK)****DOWNLOAD**

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Easy Diabetes Blood Sugar journal this 50-page journal is filled with crisp clean pages that have been specifically designed for those with diabetes and food allergies. Contractor triggers symptoms and blood sugar levels. The pages have been categorized alphabetically. If you are looking for a specific food allergy, but also by date so that you can simultaneously find your blood sugar level for a specific day so that you can adjust. This handy little journal will help you with a healthy and active lifestyle and become a trusted part of your health and dietary routine for many years to come. The Diabetes Log contains enough space to monitor your blood sugar up to 4 times a day (before and after meals and bedtime) for one full year. Covers more than 52 weeks of readings (includes bonus weeks), up to four times per day. Record oral medications (pills). Includes area s for Daily, weekly and monthly record. provides great record keeping to share with your physician . Keep all of your results in one place Accordingly, when eating specific foods each page has a section where each meal of the day can be listed as well as your blood sugar level before and after the meal, and allergy triggers and symptoms, if any. -Acid-free archival paper takes pen or pencil beautifully. -5.5 inches wide by 8.5 inches high; fits in most purses, backpacks, and totes. -Give yourself or someone you love this wonderful gift -Order this elegant journal TODAY! -Scroll to the top of the page and click the BUY WITH 1-CLICK Button!.

[Read Blood Sugar Journal: 50 Pages, 5.5 X 8.5 Monarch Butterfly \(Paperback\) Online](#)[Download PDF Blood Sugar Journal: 50 Pages, 5.5 X 8.5 Monarch Butterfly \(Paperback\)](#)

## See Also

**You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most**

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

[Download Book »](#)

**Weebies Family Halloween Night English Language: English Language British Full Colour**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

[Download Book »](#)

**TJ new concept of the Preschool Quality Education Engineering: new happy learning young children (3-5 years old) daily learning book Intermediate (2)(Chinese Edition)**

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Download Book »](#)

**TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)**

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Download Book »](#)

**Your Pregnancy for the Father to Be Everything You Need to Know about Pregnancy Childbirth and Getting Ready for Your New Baby by Judith Schuler and Glade B Curtis 2003 Paperback**

Book Condition: Brand New. Book Condition: Brand New.

[Download Book »](#)