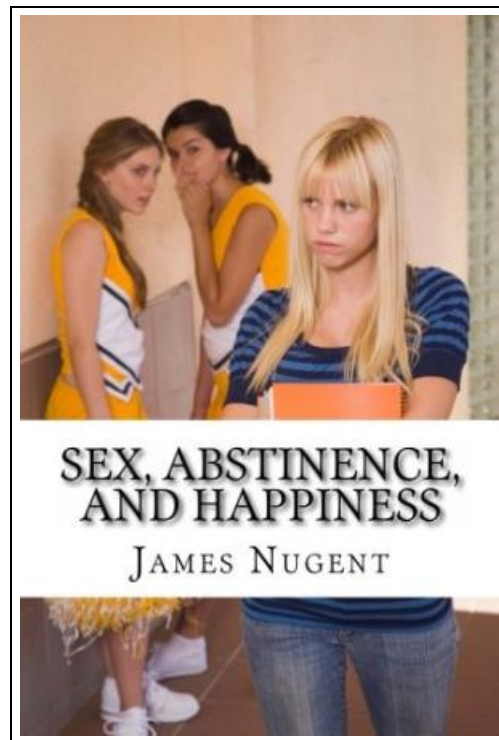


## Sex, Abstinence, and Happiness



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*This is the best book i have read until now. It can be filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding.*

*(Nadia Konopelski)*

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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 26 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Preface What follows is a frank discussion about sexual behavior the consequences of that behavior. It is an argument for saving sexual intercourse for marriage. This short book proposes abstinence as a radical solution to the problems inherent, in the now defunct sexual revolution. Disclaimer This discussion is not in any way a substitute for professional counseling or psychotherapy. If you suspect you have these issues go to a competent professional. Go get help. This is just an adult discussion and nothing therapeutic is intended to come out of this booklet. About the Author James Nugent My BA is in Criminal Justice and English Literature. My MA is in Counseling and Community Psychology. I was a counselor for 22 years in part time private practice. My full time work has been in Education and I hold teaching endorsements in Psychology, English Lit. , Spanish and Special Education. I am a devout Roman Catholic. I dedicated the last 30 years to trying to make the world a better place. Women are getting cheated. All names were changed and all identifying characteristic have been sanitized from this presentation. Any apparent connection between this book and real people and events is coincidental. An estimated 25 of women, who are cohabitating, need professional mental health assistance at some time in their lives. The single most common complaint in my private practice was depression which appeared within a year of having an abortion. For two decades I helped women and men deal with emotional strain put upon them by the life style choices they were making. This item ships from La Vergne, TN. Paperback.

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