



Art, Science, Religion, Spirituality: Seeking Wisdom and Harmony for a Fulfilling Life (Paperback)

By David V White

Meaningful Life Books, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Retiring at the age of 35 gives one time to reflect on what is truly important. After successful ventures in business, politics, and education, I devoted several years to study, travel, and spiritual practice. Meaningful experiences came and insights arose. Further insights emerged through interactions with participants in seminars and workshops given over the last twenty years. One insight is this: We tend to compartmentalize our lives, thinking separately about relationships, finances, health concerns, spiritual matters, career, sex, values, passions, goals, political views, group identities, finding pleasure, aesthetic interests, and on and on. At the living edge, however, where life happens, all these currents mingle and merge. To find meaning and live a fulfilling life requires that we discover how these separate currents can be prioritized and harmoniously integrated. The core motivations we humans have felt through the centuries have not changed much. The challenge is, as it has always been, to discover and put into practice wise responses to these motivations. In ancient Greece, the quest for this wisdom was exemplified by the admonition of Socrates: Know Thyself. Two thousand...



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Reviews

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