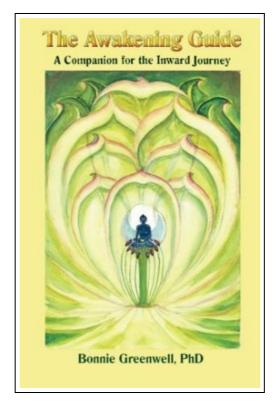
The Awakening Guide A Companion for the Inward Journey Companions for the Inward Journey Volume 2



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Reviews

Totally one of the better publication I have actually read through. It really is rally fascinating through studying time period. Its been printed in an extremely simple way and is particularly just following i finished reading through this ebook in which basically modified me, modify the way i think.

(Mrs. Maudie Weimann)

THE AWAKENING GUIDE A COMPANION FOR THE INWARD JOURNEY COMPANIONS FOR THE INWARD JOURNEY VOLUME 2



Shakti River Press. Paperback. Condition: New. 186 pages. Dimensions: 8.7in. x 5.5in. x 0.6in.Waking up spiritually is a life-altering event that shifts the world view, and changes the perception of what it means to be human. It is a significant grace in anyones life, bringing the potential for profound peace, unconditional love and intuitive wisdom. However, spiritual seekers rarely have a clear understanding of what it means to become Awakened or Self-realized, nor do they recognize the natural tendency to become stuck in various cul-de-sacs along the way, or know how to cope with the challenges that arise in this process. Awakening is both sudden and gradual, often beautiful and ecstatic, but it can also be disorienting as the seeker falls away. Few spiritual systems or therapists are able to offer guidance to those in this process, and this can lead to confusion, detours and lengthy periods of darkness before embodiment and freedom are established. The Awakening Guide reveals how the search for love, wisdom and wholeness unfolds for those who meditate, and also those who have sudden awakenings to expanded consciousness, radiant emptiness, Oneness and the realization of Self. This might happen following breathing or energy practices, transmission or diksa, traumatic or near-death events, drug experiments, biofeedback, or spontaneously while walking down the street. Consciousness shifts. Wham! Another reality is opened, and the world you know changes before your eyes. Consciousness is invited to recall itself as Source. An initial awakening is seldom permanent, and many seekers are disappointed to discover that this first flash of insight was only a glimpse, and the subsequent months and years require trust, patience and a commitment to living in Truth if they hope to be stabilized in an awakened state. This inspirational book, written by a non-dual teacher and therapist who has...

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