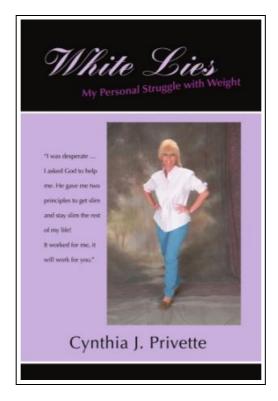
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# WHITE LIES: MY PERSONAL STRUGGLE WITH WEIGHT (PAPERBACK)



iUniverse, United States, 2007. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Author Cynthia J. Privette is a fifty-two-year-old diet-aholic. Her problems with weight didn't really begin until she left home in her late teens, but she has battled weight issues constantly for the last thirty-three years. In her self-help diet guide, White Lies: My Personal Struggle with Weight, Privette shares the two principles God gave her to get slim and stay slim for the rest of her life. In her struggle to lose weight, Privette's hobbies included learning the newest recipes from the latest health guru, or reading up on the latest fad diet. She tried all the new diet clinics and bought into the most recent exercise craze of the day. Not surprisingly, none of them worked. But now, she finally has a diet she can live with-and you can too-no matter what your age or level of fitness. Forget fancy recipes and counting calories. Privette's method is so easy; all you have to do is remember two things. Find out what those two principles are in White Lies.



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