



Quiet Courage: Conquering Fear and Despair with the Stockdale Paradox (Paperback)

By Suzanne Grosser

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. If you have ever felt like a prisoner of your circumstances, this book is for you. It starts with the story of Admiral James Stockdale. He spent seven horrific years in a POW camp, yet his spirit was unbroken. This book shares the wisdom that helped him not merely survive, but triumph. The book offers practical advice, because inspiration alone is not enough. Learn how to: Muster the energy to do what you need to do. Get your life back on the right path. Appreciate the wisdom of small victories. Never waste any of your power. Make your life better. Start today. You will read the stories of others who have faced and conquered overwhelming odds. These heroes will inspire you by their actions, by their courage, and their words. These are ordinary people who suffered tragedy, but did not accept defeat. You will learn how they survived, and what they did with their pain afterwards. You will be inspired by the contributions they made to others, turning their trauma into hope for others. You will hear the wisdom in their...



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