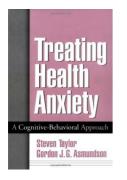
Download PDF

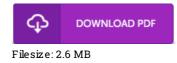
TREATING HEALTH ANXIETY: A COGNITIVE-BEHAVIORAL APPROACH



Guilford Publications. Hardback. Book Condition: new. BRAND NEW, Treating Health Anxiety: A Cognitive-Behavioral Approach, Steven Taylor, Gordon J. G. Asmundson, Grounded in current theory and treatment research, this highly practical book presents a comprehensive framework for assessing and treating health anxiety, including full-blown and milder (subclinical) forms of hypochondriasis. The current state of knowledge about these prevalent and costly problems is reviewed, and assessment methods and empirically supported treatments described. Clear, step-by-step recommendations are provided for engaging patients or clients,...

Read PDF Treating Health Anxiety: A Cognitive-Behavioral Approach

- Authored by Steven Taylor, Gordon J. G. Asmundson
- Released at -



Reviews

This publication might be well worth a study, and much better than other. It is among the most awesome book i have got study. You may like the way the article writer publish this publication.

-- Dr. Paige Bartell

A very awesome publication with perfect and lucid information. It is probably the most awesome book i have read. You may like how the author publish this pdf.

-- Dr. Celia Howell DVM

Related Books

- Subjective Grounds Writings by Persons with the Initials S.G.
- Studyguide for Preschool Appropriate Practices by Janice J. Beaty ISBN: 9781428304482
- Studyguide for Skills for Preschool Teachers by Janice J. Beaty ISBN: 9780131583788
- Leila: Further in the Life and Destinies of Darcy Dancer, Gentleman (Donleavy, J. P.)
- Readers Clubhouse Set a Nick is Sick