



Make It Count How to Generate a Legacy That Gives Meaning to You

By John Kotre

Free Press. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 9.2in. x 6.1in. x 0.9in.ARE YOU STANDING IN THE WAY OF YOUR OWN FULFILLMENTIf, like millions of adults, you have ever asked yourself, What is the purpose of my life then you will discover in this thoughtful book an original guide for finding lifes meaning. Acclaimed psychologist John Kotre offers a surprising solution for soul searchers in their thirties, forties, midlife, and beyond. The key to overcoming the obstacles that get in the way of finding fulfillment in adulthood is to shape a legacy that will last beyond our lifetimes. Expanding upon the psychological phenomenon of generativity — a term Erik Erikson first coined fifty years ago to explain how individuals create forms of life and work or legacies that live on after their deaths — Kotre shows us how to cultivate a desire to impact future generations. Building a solid business or developing a new idea can be as vital as raising children or sharing our wisdom with young ones — and for each of us, finding the kind of generativity that is right is half the challenge. Kotre clearly outlines a step-by-step pathway we will move along to…



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