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NADH: The Biological Hydrogen: The Secret of Our Life Energy

By George D. Birkmayer

Basic Health Publications. Paperback. Condition: New. 112 pages. Dimensions: 8.3in. x 5.2in. x 0.5in. The most promising natural substance in our body is NADH, the biological form of hydrogen. It reacts with the oxygen present in every living cell, producing energy and water. The more NADH a cell has available, the more energy it can produce, the better it functions, and the longer the cell—and the entire organism—lives. ATP is the life energy for every cell. If less NADH is present in the cell, less ATP is synthesized. Certain diseases, particularly Alzheimers dementia and Parkinsons disease, are caused by impairment in ATP production. We can increase the ATP content in a cell by supplementing with NADH. Men and women are better protected against health problems the more NADH they have available in their bodies. NADH has numerous functions in the body: it repairs DNA and revitalizes damaged cells, acts as a potent antioxidant, lowers cholesterol and high blood pressure, and boosts the immune system. NADH has proven effective for the following conditions: -Parkinsons disease Depression -Chronic fatigue syndrome Cancer -Alzheimers dementia Strokes Diabetes NADH has therapeutic uses for menopause, obesity, skin problems, jet lag, and sexual dysfunction. Athletes have also found it...



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Reviews

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This book is so gripping and fascinating. Of course, it is actually perform, still an interesting and amazing literature. You will not feel monotony at anytime of your respective time (that's what catalogs are for about in the event you request me).

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