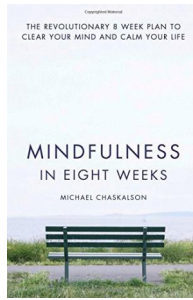


Mindfulness in Eight Weeks: The revolutionary 8 week plan to clear your mind and calm your life



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