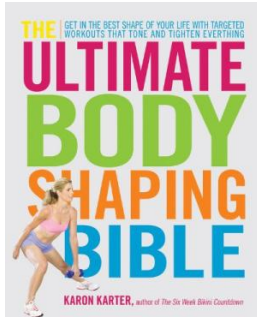


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# THE ULTIMATE BODY SHAPING BIBLE: GET IN THE BEST SHAPE OF YOUR LIFE WITH TARGETED WORKOUTS THAT TONE AND TIGHTEN EVERYTHING



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- Authored by Karter, Karon
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