



Gentle Warrior: Awakening the Courage to Live a Bold and Brilliant Life (Paperback)

By Mary Ann Bailey

Dog Ear Publishing, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Are you tired of living your life from the safety of your comfort zone? Are you ready to explore the possibilities and opportunities that the world has to offer? If so, Gentle Warrior is the guidebook you need for your journey. Creatively written, Gentle Warrior is about living your life from a place of courage. Using examples from her life and her experience as a life coach, Mary Ann Bailey shows you how to tap into the quiet courage that resides deep inside you and then use its strength to support you as move forward toward your dreams. Written with honesty, humor, and compassion, this book will inspire you to step out and reconnect with your gentle warrior spirit. It will motivate you to veer off the beaten path and explore some of the less-traveled roads, and it will compel you to start living a bigger and bolder life. Mary Ann Bailey, MC, works with women facing midlife transitions. Self-defined as a courage coach, Mary Ann helps her clients connect with their inner courage and then shows them how to use...



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