



## The Tender Cut: Inside the Hidden World of Self-Injury (Paperback)

By Patricia A. Adler, Peter Adler

New York University Press, United States, 2011. Paperback. Condition: New. Language: English. Brand New Book. Choice s Outstanding Academic Title list for 2013 2013 Honorable Mention for the Distinguished Book Award presented by the Midwest Sociological Society Honorable Mention for the Charles H. Cooley Award for Outstanding Book from the Society for the Study of Symbolic Interaction Cutting, burning, branding, and bone-breaking are all types of self-injury, or the deliberate, non-suicidal destruction of one s own body tissue, a practice that emerged from obscurity in the 1990s and spread dramatically as a typical behavior among adolescents. Long considered a suicidal gesture, The Tender Cut argues instead that self-injury is often a coping mechanism, a form of teenage angst, an expression of group membership, and a type of rebellion, converting unbearable emotional pain into manageable physical pain.Based on the largest, qualitative, non-clinical population of self-injurers ever gathered, noted ethnographers Patricia and Peter Adler draw on 150 interviews with self-injurers from all over the world, along with 30,000-40,000 internet posts in chat rooms and communiques. Their 10-year longitudinal research follows the practice of self-injury from its early days when people engaged in it alone and did not know others, to the...



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