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EASY AND HEALTHY RECIPES: SO EASY A BACHELOR CAN DO IT! (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. The goal of this cookbook is to help people, especially bachelors, master the skills of cooking by following simple steps to make delicious recipes. The following five chapters cover a combination of vegetarian, paleo, and clean diet recipes. The urge is to assist people in following the most natural, healthy and genetically approved diet plans. Easy and Healthy Recipes...

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- Authored by Tiffany Mosely
- Released at 2014



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