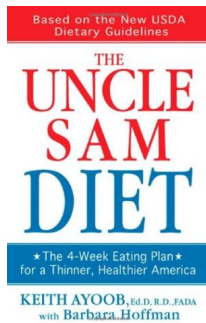


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## THE UNCLE SAM DIET: THE 4-WEEK EATING PLAN FOR A THINNER, HEALTHIER AMERICA



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- Authored by Dr Keith Ayoob, Barbara Hoffman
- Released at 2005



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