



Study Guide to accompany Nutrition for Foodservice and Culinary Professionals, 8e (Paperback)

By Karen Eich Drummond, Lisa M. Brefere

John Wiley Sons Inc, United States, 2013. Paperback. Condition: New. 8th Study Guide ed.. Language: English . Brand New Book. The ideal nutrition study guide for foodservice and culinary professionals Nutrition for Foodservice and Culinary Professionals is the must-have reference for the most thorough, up-to-date information on nutrition and diet. New and expanded material in this Sixth Edition addresses important topics such as the 2005 Dietary Guidelines for Americans, MyPyramid, balanced menu options and recipe ideas for morning and afternoon breaks, basic principles of food presentation, meeting special dietary needs, weight management, and much more!.

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