



Buddha: His Life and His Teaching (Paperback)

By Walter Henry Nelson

Penguin Putnam Inc, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book. More than twenty-five hundred years ago, an Indian prince achieved enlightenment and became the Awakened One. However extraordinary Prince Siddhartha Gautama was, he was no divinity, but a self-perfected human being who brought a sweeping message to mankind. Walter Henry Nelson, a respected historical scholar and author, offers readers a distinctly accessible and authoritative biography of the Buddha and his teachings. In this essential, gripping, and inspiring introduction for the general reader, Buddha explores ancient legends surrounding Buddhism s founder. It shows how the simple story and profound struggle of Pric Siddhartha, who died five hundred years before the birth of Christ, were transformed into one of the world s great religions. From tales of Gautama s struggle to parables of the intervention of gods in his journey, Nelson takes readers through the historical existence and ideals at the heart of a religion and philosophy that searches beyond materialism for the true aim of life.



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