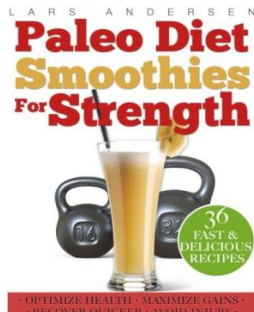


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## PALEO DIET SMOOTHIES FOR STRENGTH: SMOOTHIE RECIPES AND NUTRITION PLAN FOR STRENGTH ATHLETES BODYBUILDERS - ACHIEVE PEAK HEALTH, PERFORMANCE AND PHYSIQUE



Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 200 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The ideal companion to Lars Andersen s Paleo Diet for Strength Say goodbye to boring food fatigue with this unique, no-nonsense, no-filler approach to getting maximum nutrition and without sacrificing on taste, Lars Andersen provides you with everything you need to have a tasty, varied, power-packed primal smoothie that is quick to prepare and delicious to eat -...

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