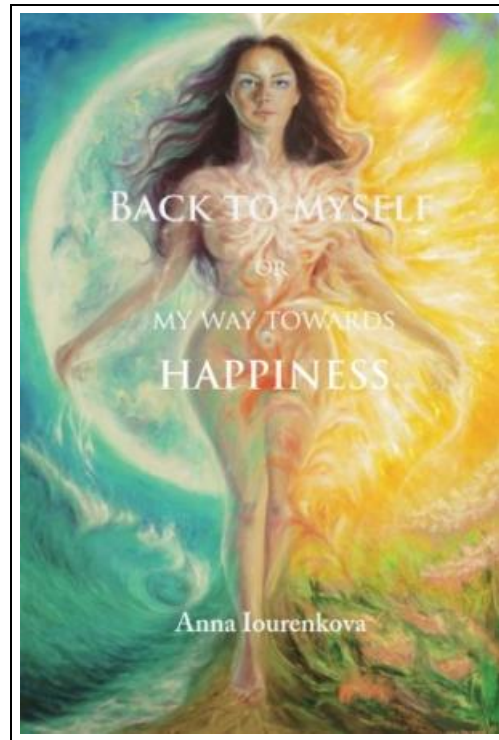


Back to Myself: Or My Way Towards Happiness (Paperback)



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Reviews

Completely essential read ebook. It is among the most awesome book i actually have read. I am very happy to explain how this is basically the greatest book i actually have read in my individual existence and might be he best pdf for possibly.
(Prof. Alexandro Runolfsson)

BACK TO MYSELF: OR MY WAY TOWARDS HAPPINESS (PAPERBACK)



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Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Anna lourenkova has certainly taken her place in the world of contemporary poetry. Through these poems, we follow her on her journey towards happiness and self-enlightenment. Guided by nature and the Universe, lourenkova writes about her own personal experiences, how she got through them, and what she has learned from them. From her darkest hour to a mindful awakening, she adeptly turns her words and thoughts into stunning images and beautiful metaphors. lourenkova s poetic musings on nature, healing, travel, the Universe, relationships, women and society share a keen insight on the many ways in which the world works. The way she paints and depicts life on her canvas will certainly serve as an inspiration to all those who read it. - Danica Hawkins My poetry reflects my inner evolution going from the NDE till plenitude of happiness, the result of my introspective search and of my will to find it through my personality s liberation, self-expression, creation, observation and appreciation of life, whatever happens. It s not a theory, but happiness in practice, not always in ideal conditions, as it s frequent in our life. For the first time I open up about my most intimate feelings and thoughts on humanity, relationships between women and men, love, life, death, nature and the Universe, as I never have before. But since I m a professional hypnotherapist, my poetry is not just a book of my heart, but also a therapeutic talk meant to help readers find their own way, think and modify their vision on some subjects in life and especially to inspire positive emotions. Some of my poems can be used as mantras or self-suggestions. - Anna lourenkova . .I...



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