



Affirmations: .Plus Action

By Cynthia MacGregor

Crimson Cloak Publishing, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Affirmations-although many believe in them and practice them every day, will just stating your desired outcome be enough to propel you to the goal you seek . or wouldn t it help you to take a positive action to accompany that sentence you re repeating daily 10 times while staring in the mirror? Affirmations . Plus Action, while totally respecting belief in affirmations, adds a layer of practical steps you can take to make that affirmation come true. It s in your hands. Grab the opportunity. Follow the directions. Achieve that dream!.



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