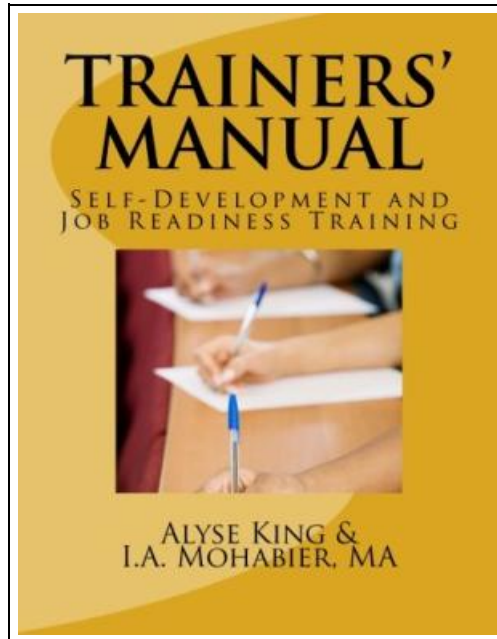


Trainers Manual Self-Development and Job Readiness



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Reviews

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(Lynn Lindgren)

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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 204 pages. Dimensions: 11.0in. x 8.5in. x 0.5in. Americans who have never worked or have been away from work for an extended period of time may lack or have lost their positive self-image and self-confidence. At times, they may even feel like a failure. Alyse King felt like this many times during her twenty-two year journey helping her son and daughter to manage their traumatic experiences and educational disappointments. The thought of making new friends, going to school, starting a job-training program and hunting for a job, may even be overwhelming for your Trainees. Learning how to handle these every day stresses and rebuild their lives is crucial to experiencing success with whatever they choose to do with their lives. Since success is not a destination but a continuous journey, Trainers are necessary to remind those attempting to rebuild their lives to continue developing and learning as they travel through life. You are also needed to tell them to always be aware of the opportunities available to them, show them how to recognize these opportunities, and encourage them to never allow any of those opportunities to slip away. Trainers are also necessary to help them identify emerging opportunities. Your Trainees achievements at work, in school, with friends and with family are mostly determined by the way they feel and think about themselves. It depends on their self-image. It is difficult to be interested in enjoying life if they dont know what experiences and opportunities are available. As their Trainer, part of your value is in helping them to realize this. Self-image emanates from within each person. Self-image is a reflection of what each person thinks about herself or himself. It begins with self-analysis, self-knowledge and self-enrichment. It is...



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