



## Follow Your Heart: Everyday Wisdom for an Extraordinary Life

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By Josh Langley

Big Sky Publishing, Australia, 2016. Paperback. Book Condition: New. 200 x 159 mm. Language: English . Brand New Book. Follow Your Heart, Everyday wisdom for an extraordinary life is a unique mix of uplifting and fun cartoons and messages designed to provide a little daily inspiration on leading a happy and fulfilled life. In this his second book, author and illustrator Josh Langley has created another delightful gift book about happiness. He provides a wonderful combination of cartoons and messages designed to take the reader on the path to happiness. Embracing all aspects of life, this book offers something for everyone. The upbeat and inspiring words, together with the simple and fun cartoons, create a book that will connect on a deeper level for some people or simply bring a smile and feelgood factor for others. Follow Your Heart has similarities to the Blue Day Book with tinges of a Michael Leunig cartoon feel. It combines the self help/spiritual nature of Deepak Chopra/Louise Hay/Eckhart Tolle with the simplicity of stick figure cartoons that are disarmingly emotive.



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### Reviews

*This publication is wonderful. It really is rally interesting through reading period of time. I am just very easily will get a delight of reading a published book.*

-- **Roma Little**

*This publication is wonderful. It normally is not going to expense too much. Its been printed in an extremely straightforward way in fact it is merely following i finished reading this publication where actually transformed me, modify the way i really believe.*

-- **Russell Adams DDS**