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MEDICAL QIGONG EXERCISE PRESCRIPTIONS



Xlibris Corporation, United States, 2006. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Medical qigong is one of the four main branches of Chinese medicine, and it is the energetic foundation upon which the others (acupuncture, herbal medicine, and medical massage) are based. Medical qigong and tai chi exercises are becoming more popular, but there are few books that discuss how they can be used to help address specific disorders....

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- Authored by Suzanne B L Ac Friedman
- Released at 2006



Reviews

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