



Self Awareness: Meaning of the Self: Motivate Happiness to Pursue You (Paperback)

By Joshua Nsangi

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Self Awareness: meaning of the self What is the meaning of the self? What does it mean to be self aware? That is to say; what does it mean to be aware of you? Using a monologue discussion; the author undertakes an interesting and successful reactionary discourse, one that has so far brought about the right way to question the meaning of life. Why pursue after happiness when you can rather get it to pursue you? The thinking anew, as a result of the ideologies brought to light by the author, is an aspect that is expected to grip the reader with contagious efficacy once all has been said and done. Is not learning something new, something reputed for harboring secrets within it, secrets of luring happiness towards you; is that not worth a look into? What is happiness? Although this book is not inclined to any particular religion, within it are many elements of spirituality, and the explanation of a world that, despite being in plain view, is greatly overlooked by our conditioned sub-conscious mind. One of the main reasons for...

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