



## Human Emotions and Excitements: Internal Evil in Disguise (Paperback)

By Ph D Rokneddin Darvish

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In this second book I have tried to provide a psychological approach reflecting Rumi s poems and ideas regarding the distinction between human positive excitements and emotions as characteristics of universal consciousness which is the source of joy, creativity and tranquility, and human negative excitements, emotions, and deficiencies as the main traits of human mental system as an internal hell and mental self as an agent of evil, a source of human pains, depression, anxiety and sufferings. Rumi s poems and messages represent human conversion from an immature mental self with polluted and impure consciousness and distorted thought, emotions, and excitements, to the real, objective self or pure consciousness. Some recommendations are made about the methods of conversion such as patience, silence, relaxation, and acceptance of the events and incidents of this moment without any reaction, resistance and judgement. The nature of acceptance is total acceptance without fighting against the event or incident of this moment, and consciously surrendering to the universal consciousness. What Rumi tried to present to all human beings is the art of living and loving. According...

DOWNLOAD



READ ONLINE

[ 1.8 MB ]

### Reviews

*Merely no phrases to describe. It really is rally intriguing throug reading time. I am happy to tell you that this is basically the greatest book i have go through in my own lifestyle and might be he greatest book for ever.*

-- **Kattie Wunsch**

*I actually started reading this article publication. We have read and that i am confident that i am going to planning to study yet again once again later on. You can expect to like how the author compose this pdf.*

-- **Zoe Hilpert**