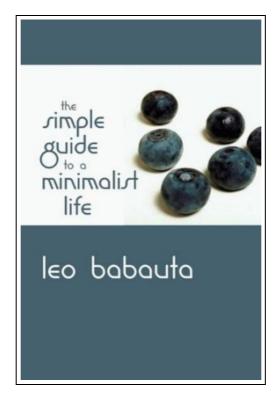
# Simple Guide to a Minimalist Life (Paperback)



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# Reviews

The ideal publication i at any time read through. It really is writter in easy phrases and never difficult to understand. Its been designed in an remarkably easy way which is merely right after i finished reading through this publication by which actually transformed me, affect the way i think.

(Jaqueline Flatley)

### SIMPLE GUIDE TO A MINIMALIST LIFE (PAPERBACK)



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Waking Lion Press, United States, 2011. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. What is a minimalist life? It s one that is stripped of the unnecessary, to make room for that which gives you joy. It s a removal of clutter in all its forms, leaving you with peace and freedom and lightness. A minimalist values quality, not quantity, in all forms. So writes Leo Babauta, the creator of Zen Habits and author of The Simple Guide to a Minimalist Life. A joy to read, this little book will help you clear out clutter, be content with less, and simplify your life--with tips on everything from creating a minimalist workspace to going paperless. In short, it will help you enjoy a simpler, happier life!.



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