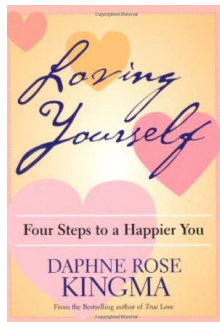


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LOVING YOURSELF: FOUR STEPS TO A HAPPIER YOU



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