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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Insecurity 25 Invaluable Lessons On How To Overcome Social Anxiety, Relationship Jealousy And Stop Being Insecure In A Relationship Self confidence is sometimes held up as a magic answer to all of life s problems - we are told to believe in ourselves and wonderful things will happen. Low self esteem is blamed for everything from anti-social behavior...

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- Authored by Imogen Palmer
- Released at 2015



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