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RUN, SWIM, THROW, CHEAT: THE SCIENCE BEHIND DRUGS IN SPORT



Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English. Brand New. Drugs in sport are big news and the use of performance-enhancing drugs in sport is common. Here, Chris Cooper, a top biochemist at the University of Essex, looks at the science behind drugs in sport. Using the performance of top athletes, Cooper begins by outlining the limits of human performance. Showing the basic problems of human biochemistry, physiology, and anatomy, he looks at what stops us...

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- Authored by Chris Cooper
- Released at 2016



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