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AWAKENING TO THE SPLENDOR OF DAWN: BECKONING OF THE LIGHT UNTO HEALING FROM PTSD



Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.This is an autobiographical collection of poems, prose and music about the author s tortuous path to adulthood as she recovers from severe PTSD. It chronicles her journey from victim to survivor and now, within sight of conqueror. (PTSD -Post Traumatic Stress Disorder - It is what remains and destroys normal life after overwhelming, unresolved trauma finally...

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- Authored by Annamarie Cornelia O Hara
- Released at 2013



Reviews

Extensive manual! Its this type of great read through. Sure, it is actually engage in, nonetheless an interesting and amazing literature. Its been written in an exceedingly simple way and it is simply right after i finished reading this pdf through which basically altered me, affect the way i believe.

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