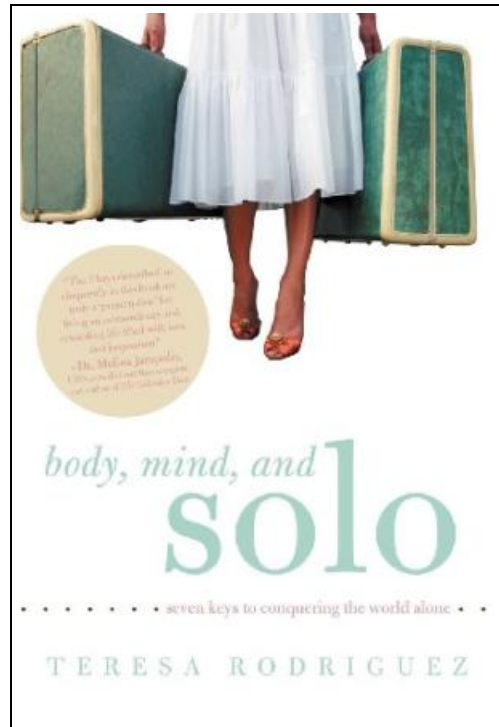


Body, Mind, and Solo: Seven Keys to Conquering the World Alone



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Reviews

Totally among the best publication I actually have actually go through. It can be filled with wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Glen Ernsler)

BODY, MIND, AND SOLO: SEVEN KEYS TO CONQUERING THE WORLD ALONE



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Balboa Press. Hardcover. Book Condition: New. Hardcover. 114 pages. Dimensions: 8.6in. x 5.7in. x 0.6in. An inspiring guide packed with simple steps to empower your life. - Christine Comaford, NY Times Bestselling Author of Rules For Renegades Where Eat, Pray, Love stops; Body, Mind, and Solo continues and expands with valuable advice on how to create your own exciting adventures. - Sophie Azouaou, Examiner Columnist and Media Personality These seven keys will unlock your imagination, ignite your passions, and give you the roadmap you need to conquer the world alone. Teresa Rodriguez met an Australian surfer in San Francisco; within months of this chance romantic encounter, she packed up her meager belongings and hopped on a plane to Australia-as a married woman. While things didnt work out with the man, she did fall head over heels with the Land Down Under . . . and with traveling. During her difficult separation, Teresa took to the friendly skies to find some solace, inner peace, and time alone. She spent weeks traveling alone and returned to Australia single and broke, but not broken. The new confidence she gained from traveling shined; once back in Australia, she was signed by a modeling agent and worked on the popular game show, Blind Date. Now, she shares with readers the steps she took to overcome her fears and step out into the world solo. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Hardcover.



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