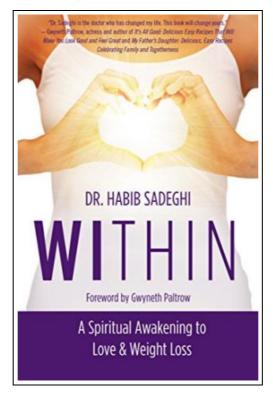
Within: A Spiritual Awakening to Love Weight Loss (Paperback)



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Reviews

Good electronic book and valuable one. It is one of the most incredible publication we have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Mrs. Bridgette Rau MD)

WITHIN: A SPIRITUAL AWAKENING TO LOVE WEIGHT LOSS (PAPERBACK)



Open Road Media, 2014. Paperback. Condition: New. Reprint. Language: English. Brand New Book ****** Print on Demand ******. In his latest book, Dr. Habib Sadeghi provides a compassionately based, scientifically sound approach to the missing ingredient in the weight-loss recipe: self-love. You ll learn that real self-love is far more than an ethereal concept. It s a tangible evolutionary force that will create changes in your life that can only be described as miraculous. Did you know that the electromagnetic power of the heart is five thousand times stronger than that of the brain? That s the power of your love, and you ll learn how to harness its healing energy by taking one simple step. You ll discover the exciting emerging science of epigenetics and that fat is not all in the family. You ve never been doomed by your genes and have far more control over your weight than you ever realized. Most importantly, this program was created, from compassion and experience, by someone who has been there. You ll be amazed and inspired as Dr. Sadeghi shares how this program created a profound healing in his own life. So prepare yourself for a revelation that combines the latest science with spiritual nutrition for a quantum weight-loss program that serves up a satisfying portion of real soul food. Take the journey to discover where the answers have been all along . . . within. All proceeds from Within will be donated to Roots of Empathy, University of Santa Monica and Healing Institute of Beings. Dr. Sadeghi is the doctor who has changed my life. This book will change yours. -Gwyneth Paltrow Habib Sadeghi is an insightful, kind man who approaches healing in a fresh and uncomplicated way. If one is able to acknowledge that illness is created by...



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