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DINNER WITH THE SMILEYS



Hyperion. Paperback. Book Condition: New. Paperback. 384 pages. Dimensions: 8.2in x 5.5in x 1.0in. They say you are what you eat--but apparently, with whom you eat is pretty important too. Current medical research bears this out. But wellness was not what motivated mil-blogger Navy wife and mom Sarah Smiley to invite one guest every week for 52 weeks to have dinner with herself and her three young sons. Sarah's motivation was to fill a void in her family life: that empty chair...

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- Authored by Sarah Smiley
- Released at -



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