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# SHUT YOUR MOUTH AND SAVE YOUR LIFE (ILLUSTRATED)



CreateSpace Independent Publishing Platform Paperback. Condition: New. This item is printed on demand. 112 pages. Dimensions: 9.0in x 6.0in x 0.3inGeorge Catlin discusses how closing ones mouth during sleep and day to day will foster improvement in mental and physical condition. This edition contains all of the original illustrations the author made. Walking among and studying various Native American tribes in the 19th century, the author noticed that many of the elders possessed a serene and well-preserved appearance. The young...

### Read PDF Shut Your Mouth and Save Your Life (Illustrated)

- Authored by George Catlin
- Released at -



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