



100 Mandalas 3: Adult Colouring for Relaxation (Paperback)

By J Benson

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Ready for a quick, mindful colouring session? 100 Mandalas Part Three is the perfect choice for bite-sized colouring sessions! One Hundred Mandalas Part Three is an adult colouring book containing pages filled with 100 colouring mandalas designed specifically to help achieve a state of relaxation. Colour them in with a pen or pencil to help find your own state of inner peace and tranquility, and explore your own spirituality.



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Reviews

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-- **Kirstin Schuppe**

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-- **Eldridge Reilly**

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