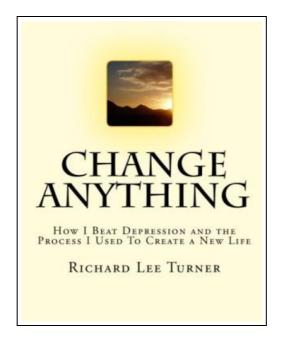
Change Anything How I Beat Depression and the Process I Used To Create a New Life



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 248 pages. Dimensions: 10.0in. x 8.0in. x 0.6in.Change Anything Everyone will at some time in their life be affected by depression; if not their own, someone elses. Depression affects approximately 18. 8 million American adults or about 9. 5 of the U. S. population age 18 and older in a given year. 80 of depressed people are not currently having any treatment. 15 of depressed people will commit suicide. Depression will be the second largest killer after heart disease by 2020 and studies show depression is a contributory factor to fatal coronary disease. Depression can quadruple a persons risk of dying within 6 months after a heart attack. Whether you decide to get treatment or not, there is something you can do; You Can Change I sank into a level of depression few recover from. I lost my marriage, my ministry, my career, and nearly lost my life. Yet somehow I recovered, started from scratch, built a new career and created a new life! I finally pursued my passions and saw my dreams fulfilled. Learn how to apply the proven, life changing techniques of CCC in your own life. Follow the step by step instructions in Change Anything and you will change your life forever. Be sure to visit createconnectcommit. com for free information. Richard Lee Turner This item ships from La Vergne, TN. Paperback.



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