



Get Busy Living: The Art of Getting Unstuck

By Jenny Hardin

Paperback. Condition: New. 118 pages. Here's the thing about life: we're all nuts. That's right -- you heard it here first. Each and every one of us is our own special brand of crazy. Unfortunately, most of us spend our days trying to figure out how other people are crazy so we can label their brand when what we really need to be doing is slapping a label on our own brand! By acknowledging who and what we are, we are giving ourselves the right to be okay and the self-acceptance we need to truly love ourselves, which is the most powerful tool to healing and finding peace. Life is short and is meant to be enjoyed, so we should all GET BUSY LIVING! Sometimes we get stuck in our confusion, fear, or emotional pain and can't find the pathway out again. This book shares some tips and insight that may help you find the door and walk out, once and for all. For those seeking radical healing and emotional freedom, Hardin's debut is a powerful, life-affirming journey filled with genuine inspiration. Her use of her own life as a guide opens up a world of intimacy and connection, demonstrating...

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