

## Weight Watchers Freestyle 2018 Cookbook: Discover Fat Weight Loss Rapidly (Smart Points Cookbook) 35 Recipes (Paperback)



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### ***Reviews***

*Just no phrases to describe. It typically does not price an excessive amount of. It is extremely difficult to leave it before concluding, once you begin to read the book.*  
*(Felton Hessel)*

## WEIGHT WATCHERS FREESTYLE 2018 COOKBOOK: DISCOVER FAT WEIGHT LOSS RAPIDLY (SMART POINTS COOKBOOK) 35 RECIPES (PAPERBACK)

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Blurb, 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Are you looking for delicious recipes that are not only easy to prepare but will also accelerate your weight loss rapidly? Dishes that will fill you up and will not make you feel cringing in hunger? Weight Watchers Freestyle 2018 Cookbook: Discover Fat Weight Loss Rapidly (Smart Points Cookbook) 35 Recipes With Photos provides you with mouthwatering recipes that are filling yet will still help you keep the weight off. Here s a free sample what you ll see in this book: Weight Watchers Freestyle 2018 Recipes Baked Cherry Pancakes Serves: 5 Prep Time: 14 mins Cooking Time: 22 mins Ingredients: -1/2 cup whole-wheat flour -1/2 cup unsweetened almond milk -1 teaspoon vanilla extract -1/4 cup almonds, chopped -1 teaspoon olive oil -1/8 teaspoon ground cinnamon -3 eggs -1 tablespoon butter, melted -2 cups fresh sweet cherries, pitted and halved -Pinch of salt Directions: 1. Preheat the oven to 450 degrees F. 2. Add olive oil in an ovenproof skillet, and place the skillet into oven. 3. Mix together flour, cinnamon and salt in a bowl. 4. Add eggs, almond milk, melted butter and vanilla extract and beat until well combined. 5. Add flour mixture into egg mixture and mix until well combined. 6. Take out the skillet from the oven and tilt to spread the oil evenly. 7. Place cherries in the bottom of the skillet in a single layer. 8. Sift the flour mixture over cherries evenly and top with almonds. 9. Bake for about 20 minutes or until an inserted toothpick in the center comes out clean. 10. Remove from oven and allow it to cool for at least 5 minutes before slicing. 11. Cut into equal sized wedges and serve...

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