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# LOOSELEAF FIT WELL ALTERNATE EDITION WITH CONNECT PLUS ACCESS CARD



McGraw-Hill Humanities/Social Sciences/Languages, United States, 2014. Loose-leaf. Book Condition: New. 11th. 274 x 216 mm. Language: English . Brand New Book. Fit Well gives students the knowledge and skills they need to make meaningful and lasting behavior change. The new edition combines proven science-based content and digital teaching and learning tools with the exciting introduction of live Well - an innovative online, multi-media program designed to help college students improve their exercise, eating, and stress management habits. Fit Well motivates students...

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- Released at 2014



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