



## What to Do for Your Teen s Health: Easy to Read - Easy to Use

By R.N. Gloria Mayer, R.N. Ann Kuklierus

Inst for Healthcare Advancement, 2013. Paperback. Book Condition: New. 231 x 185 mm. Language: English . Brand New Book. My teen does not want to do homework. My teen is being bullied. My teen is always angry. My teen won t listen. What should I do? What To Do For Your Teen s Health provides answers for major concerns and problems that parents will encounter with children during their preteen and teen years. The book s easy-to-read and easy-to-use style enables parents to quickly move through the text and obtain advice and knowledge that will add to their parenting skills. What To Do For Your Teen s Health uses easy to read language with useful illustrations. The book explains what the teen is experiencing and how parents can approach the teen. Issues such as eating problems, self-esteem, bullying, sex, and drugs are discussed in an unbiased manner. Each topic is addressed using these 4 questions: What is it? Did you know? What can I do? When should I get help?.



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